## Biodex Medical Systems, Inc. to exhibit NEW Sit2Stand<sup>TM</sup> Trainer at 2015 APTA NEXT Conference

May 20, 2015, Shirley NY – Biodex Medical Systems, Inc. will be featuring the Sit2Stand Trainer, the most recent addition to its Mobility Enhancement family of devices, at the upcoming APTA NEXT Conference.

One of the most fundamental motions required to maintain mobility and sustain a greater quality of life is the ability to stand from a seated position. Performed many times throughout the day, this demanding movement requires more lower-extremity joint torque and range of motion than walking or stair climbing.

A distinguishing feature of the Biodex Sit2Stand Trainer is the assistance selector which provides accommodating assistance to natural movement, which corresponds with the sit-to-stand force output. This provides more assistance where one is weaker, and less assistance where one is stronger.

Designed with easy to use and conveniently located adjustment levers and biomechanically positioned arm supports, the Biodex Sit2Stand provides a safe, progressive environment for a patient to move through the seated to standing motions, either independently or with a therapist's guidance. The therapist has open access to the patient to assist with movement. By repeating the motions, a patient builds both lower- and upper-body muscular strength and endurance, improves flexibility and ultimately gains independence.



Strengthen muscles associated with rising from seated position.

"We are excited to exhibit our new device, the Sit2Stand Trainer," states Don Gronachan, Vice President Physical Medicine Sales. "Our goal in developing this device is to offer facilities a training tool to aid older adults in gaining or maintaining independence. We created the Sit2Stand to benefit weakened, older or sedentary patients and residents. Its versatile, secure design allows it to be used in many types of facilities including independent living, assisted living, skilled nursing, wellness centers, inpatient and outpatient rehabilitation centers."

APTA NEXT Conference takes place at the Gaylord National Convention Center, National Harbor, MD June 3 - 6, 2015. You are invited to visit Biodex Booth #405 for a demonstration of the Sit2Stand Trainer.

Biodex Medical Systems, Inc. manufactures rehabilitation devices for all disciplines of physical medicine including Senior Rehabilitation, Sports Medicine/Orthopedic, Neurorehabilitation, Post-Acute Care and Wellness Conditioning.

To learn more about Biodex products, programs and protocols contact Biodex directly at 1-800-224-6339 (Int'l 631-924-9000), <a href="https://www.biodex.com">www.biodex.com</a>, or <a href="https://www.biodex.com">info@biodex.com</a>.

## About Biodex Medical Systems, Inc.

Biodex Medical Systems, Inc. manufactures and distributes medical devices for physical medicine, nuclear medicine and molecular imaging, and medical imaging applications. It also provides balance assessment for concussion management as well as a fall risk screening and conditioning program. The Biodex commitment to innovative excellence spans more than 60 years. Our customer-driven support is why leading medical facilities around the globe call Biodex first.

## Contact:

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