NEW FreeSway™ Handles

For the Balance System SD™



NEW FreeSway Handles

Support balance training on unstable surfaces, or with eyes closed.

BIODEX www.biodex.com 1-800-224-6339 Intl 631-924-9000

NEW FreeSway™ Handles

Safe Freestanding Balance Training is Within Your Grasp

The Problem with Holding On

It is widely accepted that patients should avoid holding on in order to reap full functional benefits of balance training. However, patients with fear of falling require some degree of stability. The FreeSway Handles for the Balance System SD are the only balance training option that allows patients to experience unimpeded postural sway — while holding on.

Remember Learning to Ride a Bike?

Think of the FreeSway Handles as training wheels for balance. The handles "float" securely within support rings. If the patient sways too far or loses their balance, the handles will touch the outer edge of the ring and allow the patient to correct the movement. Patients will progressively gain an understanding of their sway envelope, which will carry over into everyday activities.

Key therapy benefits:

- Improve safety
- Minimize fear of falling
- Enhance efficacy of balance training



Handles free-float in adjustable captive area.

Enable Fall Risk Exercise for More Older Adults

Fear of falling keeps a large percentage of the aging population from taking part in balance and exercise programs that could help them gain and retain quality of life. The FreeSway Handles on the Balance System SD let older patients safely learn to control their postural sway under various conditions — for example, on unstable surfaces or with eyes closed. Patients feel safe, but without the restriction of fixed support.



Adjust handlebar height to accommodate patients 5' to 6' 4" tall.

APPLICATIONS

Versatile and simple to use, the FreeSway Handles help maximize functional training for any patient with balance issues.

Fall Risk Screening & Conditioning

Senior Rehab

Neurorehabilitation

Vestibular Disorders

Wellness

Sports Medicine/Orthopedic

Concussion Management



Adjust diameter to restrict float of handle depending on patient need.

SPECIFICATIONS:

- Dimensions: 16" I x 9.5" w x 20" h (41 x 24 x 51 cm)
- Accommodates patients from 5' to 6' 4" tall.
- Weight:

Grab Handle: .90 lb (.41 kg) FreeSway Handle: 8 lb (3.6 kg)

950-450 FreeSway™ Handles
Fits latest model
Balance System SD with
adjustable-height handles only.

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www.biodex.com/freesway

