

## When the Neuropathy of Aging Diminishes Balance, "Body In Balance" Clinic Uses Biodex Unweighing System To Restore It





America faces the growing challenge of the severely aged who become increasingly immobile but nevertheless mentally high-functioning. For many, Ms. Hagan explains, they aspire just to maintain or regain the dignity of being able walk to the toilet, to be able to transfer into and sit in a shower – to be able to get into their own bed, and spend their final years at home, and not in a nursing home.

"Frank is a 91, soon to be 92-year-old gentleman whom I met four years ago while working in home care," Ms. Hagan explains." He had fallen at home and fractured his pelvis. Together, we worked tirelessly in his home, trying to help him recover a sense of balance. He had no righting reflexes whatsoever, and would actually fall like a tree. "Unable to make any progress, I had to discharge him when he'd exhausted his allowable visits."

"Our response was to put him in the Biodex Unweighing System. And it's been a blessing to him, because in it, he can begin to walk again."

Frank's daughter called Ms. Hagan shortly after she opened Body In Balance. She reported that Frank had fallen repeatedly since the end of his home care, and proposed to bring Frank in for a new evaluation.







"In the intervening four years, I observed that Frank's condition had deteriorated significantly," Ms. Hagan recalled. "He had developed a severe left-sided neuropathy affecting both his arm and leg. He had lost all muscle tone – he could barely advance his leg.

"Our response was to put him in the Biodex Unweighing System. And it's been a blessing to him, because in it, he can begin to walk again. He can benefit from the proprioception, from the ability to effectively weight shift again. "Thanks to the Unweighing System, we can practice turns, we can practice walking sideways, walking backwards and marching. While standing in the Unweighing System, we can practice throwing and catching a ball. He still cannot kick a ball with his left leg, but we're working on it.

"Frank's a tough old World War II tail gunner who survived being shot down. He has a terrific sense of humor. He lost his wife two years ago, but he just keeps going – and hopes to regain enough independence to depend less on his family for support. He just might do that."

Biodex is always advancing our technology to serve you better.

Unweighing System www.biodex.com/nxstep

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